

New Ball Method

Introductory Guidelines for Walnut Creek Surf Soccer Club

1. There is no referee. The coaches are responsible for controlling the game
2. Whenever a ball leaves the field of play, the coach running that quarter will say "New Ball!" and roll another ball into play.
3. There will be kick-offs at the beginning of each quarter. There are NO kick offs after each goal. When a goal is scored, the coach will introduce a new ball.
4. No Throw-ins, free kicks, goal kicks or corner kicks
5. Substitutions are done "on the fly" like with indoor soccer. When a player gets tired or the coach wants to make a substitution, the player runs off the field and a new player runs on. No stoppage.
6. The coaches will have 5-7 balls ready to re-start the play. Before the game they will determine which two-quarters each coach will introduce the New Ball. The ball is rolled into play , not bounced or thrown into play.
7. Putting a ball back into play - The 'new ball' should be introduced to balance the game in any one of four ways:
 - 7.1. Ball is rolled to neutral space (center circle is a good spot)(not a 50/50 ball)
 - 7.2. Ball is rolled towards the disadvantaged team (not rolled towards the disadvantaged team's goal)
 - 7.3. Ball is rolled to favor the team on the wrong end of a one-sided game (towards the other team's goal)
 - 7.4. Ball is rolled towards individual players who are not becoming involved in the game
8. Goalkeeper. The Goalkeeper can use their hands. With a ball in their hands, the keeper can distribute the ball by throwing, dribbling or kicking the ball (from the ground). There is NO PUNTING.

The advantages of the New Ball Method:

1. More touches on the ball. This method doubles or triples the number of touches by each player. There is a saying: 'The ball is the best teacher', with more touches they are increasing their skills. This will also lead to more enjoyment of the game.

2. More time playing the game as there is less time chasing a ball that has gone out of bounds or waiting to re-start the game from a dead ball situation.
3. With the New Ball Method, the coach can influence the direction of the game, less assertive players can get more involved by rolling the ball out to those players.
4. This method can also be used to help even out a lopsided game making it a more enjoyable experience for everyone. The emphasis is on having fun, learning and sportsmanship.

Here are some examples on how to use the New Ball Method:

[New Ball Method](#)